

## UL Ninjas COVID-19 Statement



### **Current Club Compliance Officers(More to be added):**

Ciarán Moroney – Number at Request

### **Preventative Measures:**

- All players are required to assess their own symptoms and if they feel comfortable to attend training. Training is non-mandatory. Players are required to inform the Safety Officer if their circumstances change.
- Club Safety and Compliance Officers have been appointed and have read and understood their responsibilities as set out by the IFDA, UL Clubs and Societies and Sport Ireland.
- Attendance at each training will be taken and recorded by the Compliance Officers.
- If, due to the current government regulations, groups need to be broken into pods, these pods will be individually recorded.
- There will be a set of 15 discs that will remain constant throughout the season. This set of discs will be sanitised before and after each training session. Players will not need to bring their own discs.
- Players will arrive to training ready, they should only change into boots onsite.
- Players will bring their own water bottles and they will not share bottles.
- Players will maintain a 2M distance between each other at training. This includes people who live together as this enforces the mindset and doesn't allow people to become complacent.
- Players should bring their own hand sanitiser for their hands (not discs). At water-breaks during training, players will need to sanitize their hands.

- Players should maintain good coughing/sneezing etiquette and not spit on the pitch.
- Players should wash their hands before they arrive and when they get home and avoid touching their face in between.
- A set of hand sanitizer, mask and gloves should be placed in the first aid kit in case anyone begins to show symptoms. The Safety or Compliance Officers will take charge of the symptomatic person and adhere to all government guidelines in doing so.
- Coaches work with the Safety Officer to design training and drills that allow players to maintain a 2M distance.
- There will be no handshakes, high fives or spirit circles.
- Players should not car-share with players from outside of their household.
- If a player travels abroad, they are required to not attend training for 14 days. This includes countries on the 'green list'.
- If a household member of the player travels abroad and cannot isolate from them, the player will be required to not attend training for 14 days.
- If a visitor from abroad comes to stay at your household you will be required to not attend training until 14 days after they leave.

**Risk Response:**

- If a player starts to show symptoms either at home or at training. The Safety Officer should be informed. The attendance sheet will be referenced to inform those players that they were at training with a person who has a suspected case of COVID-19.
- The player should not attend training for 14 days after their symptoms go away.
- If any of the players think they breached the 2M gap several times with the symptomatic player they too should self-isolate for two weeks from the last training date.